Friday, 12th December 2025

Kingsfield's NEWSLETTER

A message from Mrs Hodson...

A huge thank you to everyone who joined us for our nativities this week. It was such a joy to see so many families coming together to celebrate, and we hope the performances helped to sprinkle a little extra Christmas spirit into your day! The children were absolutely fantastic – their confidence, enthusiasm, and festive cheer made us all so proud.

Today, we also enjoyed a delicious Christmas lunch. A special thank you goes to Miss Domagala, Mrs Taffs, and all our amazing lunchtime supervisors for making it such a lovely occasion for the children.

To top off the festivities, we hosted our first ever Sponsored Santa Dash! The children had a brilliant time waddling like penguins, galloping like reindeer, and skipping like elves. It was wonderful to see so many smiles while raising money for our school. Please check out our Facebook page for photos of all the fun! If you haven't yet managed to collect your sponsor money, there's still time to send it in.

This week we said goodbye to Mrs Rutter, I am sure you will join us in wishing her all the very best for the future. We hope you all have a great weekend, from Mrs Hodson, Ozzy, Elvis and all at Team Kingsfield.

Next week...

Monday	10am Choir at Sainsburys KS2 Stone Age Day
Tuesday	Choir at Tall Oaks
Wednesday	Grandparents Singalong EYFS 9–10am KS1 10.15–11.15am KS2 2–3pm Reports sent home
Thursday	Christmas Party Day–wear own clothes
Friday	Last day of term–we are still open

Class	Attendance
Brilliant Butterflies	94.48%
Charming Cheetahs	97.92%
Terrific Tigers	93.85%
Learning Lions	86.8%
Super Squirrels	87.19%
Fantastic Foxes	96.9%
Wise Owls	96.67%

This Week's Winners is: Charming Cheetahs

Kingsfield First School are doing a special collection for our much-loved lollipop man, Norval, who will be retiring on the 19th December. We would love to present him with gifts from all pupils and staff. If you'd like to donate, please pop into the school office. Thank you

Our whole school attendance target is 96%.

This week, our school attendance was: 93.33%

Next week we are on week 1 of our lunch

As part of our annual policy reflection cycle, we have had the below Safeguarding policies ratified by our School Governors. These policies are now live on our website and we would like to invite you to read through the changes that have been made–please contact the school office if you would like more information.

008-CFLP-Safeguarding-Statement-2025.docx

015-CFLP-Child-on-Child-Abuse-Policy-incl-Sexual-Violence-and-Sexual-Harassment-between-children-25-26-Kingssfield-1.docx

015-CFLP-Prevent-Policy-Aut-2025-Kingsfield.docx

015-Kingsfield-CFLP-RPI-Policy-2025-2026-1.docx

Rewards and Celebrations

Clever Caterpillars–
Lily
Brilliant Butterflies –
Rhea
Charming Cheetahs –
Reggie B
Terrific Tigers –
Jude
Learning Lions –
Joshua T
Super Squirrels –
Oscar A
Fantastic Foxes –
Layla
Wise Owls –
Evie

Clever Caterpillars–
Margot
Brilliant Butterflies –
Ellie F
Charming Cheetahs –
Mckenzie
Terrific Tigers –
Willow S
Learning Lions –
Freddie O
Super Squirrels –
Layla
Fantastic Foxes –
Teddy
Wise Owls –
Faith

Clever Caterpillars–
Kiaran
Brilliant Butterflies –
Roman
Charming Cheetahs –
Francesca
Terrific Tigers –
Molly–Mai
Learning Lions –
Eric
Super Squirrels –
Leo
Fantastic Foxes –
Nivisha
Wise Owls –
Eddie

Other Celebrations....

Well done to Lottie-J who has passed her stage 4 in swimming

Please send an email to office.kng@cflptrust.co.uk if you would like to share any of your child's outside of school achievements.

House Points

Mars	258
Earth	213
Saturn	288
Jupiter	254

Children First Learning Partnership
INSPIRING EXCELLENCE TOGETHER

Grandparents SING-A-LONG

Come along to our Grandparents sing-a-long! Get into the Christmas spirit with your grandchildren, enjoy a warm drink and a mince, all whilst having a good sing-a-long to well known Chrsitmas hits!

£3.50 per adult

Includes entry, a hot drink & mince pie. The grandchildren get juice and a biscuit!

Bring some pennies for the Christmas Raffle!

Tickets on sale via your child's class - letter coming home

Save the Date!

Wednesday 17th December

EYFS- 9am - 10am

KS1 - 10.15am - 11.15am

KS2 - 2pm - 3pm

This week our spotlight is on Christmas!

Up-coming dates for the diary

Monday, 15th December

10am Choir at Sainsbury's

Wednesday, 17th December

Grandparents Singalong

Thursday 18th December

Christmas party day-Wear own clothes

Friday 19th December

LAST DAY OF TERM

(WE ARE STILL OPEN)

Staffordshire and Stoke-on-Trent Integrated Care System

Asthma Friendly School

Asthma Friendly Schools Programme - Parent / carer guidance

Asthma is a long-term lung condition

It affects the airways (breathing tubes) that carry air in and out of your lungs causing them to become swollen. This makes the airways narrower, so less air gets into and out of the lungs.

If your child has asthma, they may present with various symptoms, some being:

- Wheezing
- Coughing
- Feeling short of breath
- A tight chest.

Sometimes your child might also:

- Complain of a tummy ache
- Lose their appetite
- Say their ribs ache
- Seem more tired than normal
- Breathe faster or more shallow
- Be unable to complete sentences.

Sometimes symptoms can get worse quickly. This is an asthma attack. Symptoms can be triggered by lots of different things and your child will have their own set of triggers, some of which are listed below:

- Flu/Chest infections
- Thunderstorms
- Cold weather
- Humid or warm weather
- Exercise
- Cigarettes and vaping
- Emotions e.g. stress, excitement, laughing, fear
- Hay fever
- Air pollution/ traffic fumes
- Pets
- Certain foods
- Alcohol and drugs
- Obesity

The best way to lower the risk of your child having an asthma attack or prevent their asthma from getting worse is to make sure:

- They take their medicines as prescribed, even if they feel well
- Your child always has their rescue inhaler with them
- Your child always uses a spacer if their inhaler is a pressurised metered dose inhaler (pMDI). Spacers are not needed with dry powder inhalers.

It can be helpful to monitor your child's asthma symptoms over time to work out what their triggers might be, or if their asthma is getting worse.

Using an asthma care plan helps you to look after your child's asthma, so they're less likely to have an asthma attack. Your child's school should always keep an up to date copy of your child's asthma care plan.

Speak to your GP if your child:

- Needs to use their reliever inhaler more than three times a week
- Wakes up at night coughing or wheezing once a week or more
- Struggles to do exercise
- Needs time off school or nursery because of their asthma.

If your child is having a severe asthma attack, they might:

- Breath very fast and with effort
- Flare their nostrils
- Be unable to talk or complete sentences (some children will go very quiet)
- Appear exhausted
- Have a blue/white tinge around their lips
- Go blue
- Collapse.

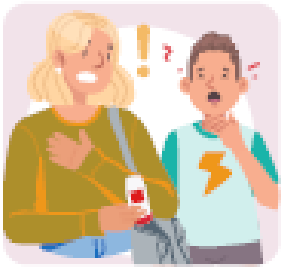
In the event of an asthma attack you should:

a. Keep calm and reassure your child
b. Encourage your child to sit up and slightly forward, loosen any tight clothing.

If using a reliever (blue) pressurised Metered Dose Inhaler (pMDI):

1. Always use your child's inhaler with a spacer
2. Shake the rescue inhaler and insert the inhaler mouthpiece into the hole in the end of the spacer device
3. Put the mouthpiece of the spacer into your child's mouth and ask them to close their lips around to ensure a good seal. If using a mask, place the mask securely over the nose and mouth (spacer with mask is only usually used for a child **under 4 years**)
4. Press the inhaler canister down to release 1 puff of medicine into the spacer and ask your child to breath in and out of the spacer 5 times
5. Remove from the child's mouth/face, wait 30-60 seconds then repeat from step 4 onwards and give another puff (total of **2** puffs now given)
6. If there is no improvement after 5 -10 minutes, give a further 2 puffs following steps 4-5 (total of **4** puffs now given)
7. If no improvement after 5-10 minutes, give a further **2** puffs following steps 4-6 (total of **6** puffs now given)
8. Stay calm and reassure your child. If your child has responded allow to sit for 15-20 minutes while you observe them. Your child can return to normal activities when they feel better
9. If your child has not responded to 6 puffs stay calm, continue to give 1 puff every 30-60 seconds following steps 4-6 up to a total of **10** puffs
10. Wait 5-10 minutes: if your child's symptoms have improved still arrange an urgent medical review (GP Practice or Out of Hours). If symptoms are not improving **immediately call 999**
11. If the ambulance does not arrive in 10 minutes give up to another 10 puffs in the same way and **call 999 for an ambulance** again.

If using a Dry Powder Inhaler that combines an inhaled steroid and formoterol as reliever (Symbicort, Fobumix, Duoresp):



1. Load the dose in the inhaler according to the device instructions
2. Ask your child to breathe out completely, but not into the inhaler
3. Ask them to tilt their chin up slightly and place the inhaler mouthpiece into their mouth, ensuring a tight seal with their lips
4. Ask your child to breathe in quickly and deeply
5. Ask them to remove the inhaler from their mouth and to hold their breath for 5-10 seconds to allow the medication to settle in their lungs. Your child should feel better
6. If there is no improvement after 3-5 minutes, give a further 1 inhalation following steps 1-5 (total of **2** inhalations now given). Your child should now feel better. If your child has responded to 2 inhalations allow to sit for 15-20 minutes while you observe them
7. Your child can return to normal activities if they feel better
8. If no improvement after 3-5 minutes give a further 1 inhalation following steps 1-5 (total of **3** inhalations now given). Your child should now feel better. If your child has responded to 3 inhalations allow to sit for 15-20 minutes while you observe them
9. Your child can return to normal activities if they feel better
10. If symptoms are not improving after 3-5 minutes repeat giving 1 more inhalation. If your child is **less than 12 years** they can have a maximum of **4** inhalations in total. If your child is over 12 years they can have a maximum of **6** inhalations in total
11. If you have needed to give your child maximum number of inhalations and your child's symptoms have improved, you still need to arrange an urgent medical review (GP Practice or Out of Hours)
12. If your child has not responded to maximum number of inhalations stay calm and **call 999 for an ambulance**. Tell them your child is having a severe asthma attack.
13. While you wait for the ambulance you can keep giving 1 more inhalation every 3-5 minutes
14. If the ambulance has not arrived after 10 minutes **call 999 again**
15. While you wait for the ambulance you can keep giving 1 more inhalation every 3-5 minutes.

You can find more information about asthma at www.asthmaandlung.org.uk