

Nursery

	Autumn	Spring	Summer
Nursery PSED (3-4) CFLP Progression Document (Development Matters)	- Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. - Become more outgoing with unfamiliar people, in the safe context of their setting. - Show more confidence in new social situations. - Start to eat independently and learning how to use a knife and fork.	- Develop their sense of responsibility and membership of a community. - Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. - Increasingly follow rules, understanding why they are important. - Play with one or more other children, extending and elaborating play ideas. Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly.	- Begin to understand how others might be feeling. - Talk with others to solve conflicts. - Do not always need an adult to remind them of a rule. - Develop appropriate ways of being assertive. - Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. Make healthy choices about food, drink, activity and tooth brushing.
<i>Lessons below have been allocated to align with our EYFS planning progression document. Some objective cross over into the following term as a revisit of the objective. These lessons can be taught in any order and where the Nursery Lead sees best. They can be expanded into more than one lesson if needed.</i>			
3D PHSE (16)	Lesson 8 'where I live' Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. <i>House, home, live, same, different.</i> Lesson 9 'can you help?' Develop appropriate ways of being assertive. Show more confidence in new social situations. <i>Exciting, problem, help, ask, angry</i> Lesson 10 'well done' Select and use activities and resources, with help when needed. <i>Favourite, choice, worried, scared.</i> <i>Other focuses:</i> <i>building relationships with each other – adults and peers.</i> <i>Visual timetable</i> <i>Good sitting and good listening – learning expectations</i> <i>Use songs and rhymes, social stories to teach this.</i>	Lesson 1 'Let's play shops' Play with one or more other children, extending and elaborating play ideas. <i>Pretend, role, idea</i> Lesson 3 'It's your turn' Develop their sense of responsibility and membership of a community. <i>Copy, circle, listen, your turn, my turn</i> Lesson 4 'good friends' Become more outgoing with unfamiliar people, in the safe context of their setting. <i>Feel, crying, sad, unhappy, friendly, why</i> Lesson 5 'make your choice' Select and use activities and resources, with help when needed. <i>Toys, choice, decide.</i> Lesson 7 'chatterbox' Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. <i>Idea, talk, listen</i> Lesson 15 'you smell' Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. <i>Feel, different, unkind, friendly.</i>	Lesson 13 'Fair Shares' Help to find solutions to conflicts and rivalries. <i>Take turns, snatch, unkind, share.</i> Lesson 2 'who's playing' Develop appropriate ways of being assertive. Talk with others to solve conflicts. <i>Choose, join in, ask, help</i> Lesson 6 'odd jobs' Develop their sense of responsibility and membership of a community. <i>Strength, good, proud.</i> Lesson 11 'a new baby' Show more confidence in new social situations. <i>Baby, worried, unsure.</i> Lesson 12 'deaf girl' Begin to understand how others might be feeling. <i>Feel, same, different, matter.</i> Lesson 14 'the pantomime' Increasingly follow rules, understanding why they are important. <i>Listen, rules, respect.</i> Lesson 16 'waiting game' Do not always need an adult to remind them of a rule. <i>Hurt, pain, feel, wait, patient.</i>

Reception

	Autumn	Spring	Summer
PSED Reception CFLP Progression Document (Development Matters)	- Build constructive and respectful relationships. - Manage their own needs.	- Express their feelings and consider the feelings of others. - Show resilience and perseverance in the face of challenge.	- Identify and moderate their own feelings socially and emotionally. - Think about the perspectives of others. - See themselves as a valuable individual. - Know and talk about the different factors that support their overall health and wellbeing: Regular physical activity, healthy eating, tooth brushing, sensible amounts of 'screentime', having a good sleep routine, being a safe pedestrian
<i>Lessons below have been allocated to align with our EYFS planning progression document. Some objective cross over into the following term as a revisit of the objective.</i> <i>These lessons can be taught in any order and where the Reception teacher sees best. They can be expanded into more than one lesson if needed.</i>			
3D PHSE (25)	Lesson 1 'hide and seek' sorry, thank you Lesson 2 'nan's house' special people, grandparents (grandma, grandad), parents (mum, dad), friends, family Lesson 4 'it's your turn' happy, sad, cross, feeling, upset, excited Lesson 8 'me and you' identical, twins, brother, sister, sibling, similar, different, unique Lesson 14 'family fun' family, relatives, mum, dad, uncle, auntie, cousins, grandparents, grandad/pa, grandma/nana, brother, sister, siblings Lesson 15 'one gold star' (xmas) achievement, trying hard, happy Lesson 21 'getting in a knot' getting dressed, clothes, shoes Lesson 23 'Eid Mubarak' (Diwali) Eid, Islam, Muslim, celebration, fasting, Ramadan, religion, mosque, games, food Lesson 24 'playtime games' taking turns, leader, bossy, rude, fair, helpful	Lesson 11 'I feel poorly' poorly, sick, unwell, better, medicine, doctor, nurse Lesson 5 'what a problem' agree, rules, compromise, share, disagree# Lesson 6 'take the plunge' try, new, confident, support, encourage Lesson 7 'new house' best friend, friend Lesson 9 'stick to the rules' rules, listen, follow, help Lesson 18 'a piece of cake' challenge, ingredients, equipment Lesson 20 'a new pet' pets, dog, cat, rabbit, hamster, fish, water, bed, clean out, hutch, cage Lesson 22 'E safe, be safe' game, laptop, message, computer, virus, pop-ups	Lesson 3 'I like...(health and sports week) healthy, prefer, choose, favourite, dislike, want, need Lesson 10 'rainy days' boring, idea, play, decide, compromise Lesson 12 'clean and tidy' germs, clean, tidy, washing hands, brushing teeth Lesson 13 'bully boy' bully, bullying, sad, hurt, upset, cross, friends, help Lesson 16 'all join in' friends, teacher, travel, experiences Lesson 17 'I'm stuck' (careers week) fireman/woman, ambulance, 999, emergency, help, nurse, doctor, parent Lesson 19 'busy bodies' (sports day) exercise, healthy, race, sport, winning, losing, celebrating Lesson 25 'litter bug' monitors, neat and tidy, look after, litter, bin, rubbish

End of EYFS – the Early Learning Goals PSED	
Self-Regulation ELG Children at the expected level of development will: • Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.	This progression document and scheme are designed to enable children to achieve the Early Learning Goals by the end of the Foundation Stage.
Managing Self ELG Children at the expected level of development will: • Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. • Explain the reasons for rules, know right from wrong and try to behave accordingly. • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.	
Building Relationships ELG Children at the expected level of development will: • Work and play cooperatively and take turns with others. • Form positive attachments to adults and friendships with peers. • Show sensitivity to their own and to others' needs.	