

Friday, 4th October  
2024

# Kingsfield's



## NEWSLETTER



### A message from Mrs Hodson...

Blimey where are the weeks going!

Thank you so much to everyone that attended our Super Squirrels Forest School Parent Engagement on Thursday. With all the rain we have been having lately, it was always going to be a muddy one, but that didn't stop the fun or smiles.

Our spotlight this week focuses on Mental Health, in preparation for World Mental Health Day next week, where we will be wearing yellow to raise awareness. Kathryn from The Mental Health Support Team is also running a Sleep Workshop on Friday, 11th October 2-3pm, please ring or email the office to book your place.

We hope you all have a lovely weekend, from Mrs Hodson, Ozzy, Elvis and all at Team Kingsfield.

### Next Week...

Monday	
Tuesday	Wise Owls Swimming-5
Wednesday	Book Fair Parents Evening
Thursday	Book Fair Parents Evening World Mental Health Day- wear yellow
Friday	Book Fair 2-3pm Sleep Workshop

Please see our website for dates and times of events for the year ahead.

This Week's  
Winners is:  
Perfect Panthers



Class	Attendance
Brilliant Butterflies	96%
Busy Bees	98.16%
Charming Cheetahs	96.02%
Perfect Panthers	99.11%
Learning Lions	98.8%
Super Squirrels	97.19%
Fantastic Foxes	98.62%
Wise Owls	97.53%

Thank you so much to everyone that has signed up to a Parents Evening slot via Arbor-there are still spaces available if you have not already booked. We urge everyone to attend where possible, as it is an excellent opportunity to find out how your child has settled in their new class, what their targets are and discuss ways you can support at home. Slots are only 5 minutes each, so please use your weekly class drop in session to discuss anything that requires an in depth conversation, so we can devote more time to provide the appropriate support. We can offer appointments on alternative nights also-please speak to your child's class teacher to arrange.

### Safeguarding Newsletter

Our Autumn newsletter is now available on our website or you can follow the link below. This term our newsletter covers the following areas: The Voice project, Catch 22, Separating Better, Operation Encompass and much more...

[KFS-Autumn-Safeguarding-Newsletter-2024-1.pdf](https://kingsfield.staffs.sch.uk/KFS-Autumn-Safeguarding-Newsletter-2024-1.pdf)  
([kingsfield.staffs.sch.uk](https://kingsfield.staffs.sch.uk))

Next  
week we  
are on  
week 3



Our whole school attendance target is 96%.  
This week, our school attendance was: 97.67%



School Matters!

Attend Today!

# Rewards and Celebrations



Clever Caterpillars-  
Ellie F  
Brilliant Butterflies -  
Mercy  
Busy Bees -  
Thea  
Charming Cheetahs -  
Willow  
Perfect Panthers -  
Jorgia  
Learning Lions -  
Joshua  
Super Squirrels -  
Nila  
Fantastic Foxes -  
Emma  
Wise Owls -  
Phoebe

Clever Caterpillars-  
Zack  
Brilliant Butterflies -  
Amber  
Busy Bees -  
Poppy  
Charming Cheetahs -  
Milo  
Perfect Panthers -  
Eli  
Learning Lions -  
Harper-Rose  
Super Squirrels -  
Amelia S  
Fantastic Foxes -  
Isabelle  
Wise Owls -  
Oliver

Clever Caterpillars-  
Jasper  
Brilliant Butterflies -  
Eddy  
Busy Bees -  
Jude  
Charming Cheetahs -  
Eddie B  
Perfect Panthers -  
Harrison  
Learning Lions -  
Eric  
Super Squirrels -  
Jackson  
Fantastic Foxes -  
Henry G  
Wise Owls -  
Bodhi



## Other Celebrations...

*Well done to Jasmine W who received her red and white belt in Jiu-Jitsu*

*Please send an email to [office.kng@cflptrust.co.uk](mailto:office.kng@cflptrust.co.uk) if you would like to share any of your child's outside of school achievements.*

## House Points

Mars	375
Earth	329
Saturn	353
Jupiter	329



# Noticeboard...



Exciting news-the Scholastic Book Fair is at Kingsfield before and after school from 9th-14th October! If you are hoping to get ahead with your Christmas shopping, there are lots of fabulous books to choose from to suit all budgets. Every book that is purchased, raises commission for our school, so that we can add to our library.

SCHOLASTIC TRAVELLING BOOKS

**COME to the BOOK FAIR**

And earn **FREE BOOKS** for our school!

DOG MAN: THE SCABBY SIBBAGE by DAVID ALIXAY  
 MY BIG FAT SMELLY POO DIARY by JIM BURNETT  
 Jonty Gentoo: The Adventures of a Penguin by JANE BURNHAM and JILL SCOTT  
 MICHAEL MORPURGO: COBWEB

**KINGSFIELD FIRST SCHOOL, BIDDULPH**  
**MULTI SPORTS HOLIDAY CLUBS**

Come and join us for some sports, games and activities from **October 28 - November 01**. Our action-packed program gives children the chance to remain active, develop skills and make new friends within a safe and secure program. We provide an environment where everyone is challenged and enjoys themselves.

TEAM SPORTS	ALTERNATIVE SPORTS	MULTI SPORTS	ENRICHMENT ACTIVITIES

Alongside our regular timetable we will be offering some fantastic additional **FREE** activities within our Booster program. Please see our schedule of events on our MyASM booking portal.



We accept payment of childcare vouchers from most schemes. Applies at selected venues

- BUG CLUB
- INFLATABLES
- MUSICAL MAYHEM
- PUMPKIN CARVING
- MONSTER MASH (DISCO/PARTY)
- BRING A BIKE & SCOOT SKILLS

From **£25.00** per day

Half-Day & Wrap-Around options available

Book now at [asmsports.co.uk](http://asmsports.co.uk)  
 Call: 01782 366332 Email: [info@asmsports.co.uk](mailto:info@asmsports.co.uk)



**is your child starting school in September 2025?**

**OPEN DAY!**  
**AT KINGSFIELD FIRST SCHOOL**

**COME AND VISIT US!**

Wednesday 23rd October 10.30am  
 Monday 18th November 1.30pm  
 Monday 13th January 9.30am

CALL OR EMAIL THE SCHOOL TO BOOK ON A VISIT

01782 973800  
[office.kng@cflptrust.co.uk](mailto:office.kng@cflptrust.co.uk)

Children First Learning Partnership

**October is walk INTO school MONTH**

Get involved and get active by pledging to walk to school at least once a week throughout October.

air aware Staffordshire

Walking to school is great for your mental and physical health and also helps the environment!

Discover more at [staffordshire.gov.uk/activeschooltravel](http://staffordshire.gov.uk/activeschooltravel)

Staffordshire County Council



This week our spotlight  
is on...



#HelloYellow  
10 October

On Thursday, 10th October it is World Mental Health Day. We will be having a non uniform day in school, where we will encourage the children to wear yellow to help raise awareness of how we can support ourselves and each other with our mental

# MENTAL HEALTH SUPPORT TEAM

Mental Health Support Teams (MHSTs) in education provide crucial low-intensity support, offering early intervention and guided self-help sessions. Scan the QR code to learn more.



**WE OFFER SUPPORT FOR:**

- Anxiety
- Resilience
- Sleep
- Low Mood
- Behaviour (U11's)
- Phobia's
- Panic
- Problem Solving
- Exam Stress



EMAIL: [MHSTENQUIRIES@COMBINED.NHS.UK](mailto:MHSTENQUIRIES@COMBINED.NHS.UK)

Kathryn will be hosting a Sleep Workshop on Friday, 11th October 2-3pm. Please contact the school office via phone or email to book your place.



# MENTAL HEALTH SUPPORT TEAM

Mental Health Support Teams (MHSTs) in education provide crucial low-intensity support, offering early intervention and guided self-help sessions. Scan the QR code to learn more.



**PERSONALISED CARE**

Our team tailors interventions to each student's needs, fostering individual growth and resilience.

**EXPERT GUIDANCE**

Receive support from qualified professionals specialising in child and adolescent mental health.

**COMPREHENSIVE PROGRAMS**

We offer a range of services, including guided self-help, workshops, and peer support groups.

**ONGOING ASSISTANCE**

Continuous support to ensure sustained mental wellbeing and academic success.



EMAIL: [MHSTENQUIRIES@COMBINED.NHS.UK](mailto:MHSTENQUIRIES@COMBINED.NHS.UK)





This week our spotlight  
is on...



Kathryn will be available at our Parents Evenings next week, if you would like to chat to her informally or ask any questions. She is also at school every Friday.



Name: Kathryn

Education Mental Health Practitioner



**All About Me**  
Hi, I'm Kathryn, from the Mental Health Support Team (MHST) working within Kingsfield First School.  
  
I am an Education Mental Health Practitioner (EMHP) and my role involves supporting young people and their families with mild to moderate mental health challenges using Low Intensity Cognitive Behavioural Therapy (LICBT). Together we work to identify and address difficult emotions and feelings.  
  
I work in partnership with the school's Mental Health Lead to deliver a whole school approach to mental health; this includes educational workshops, groups, and training to reduce the stigma of mental health and improve outcomes for the whole school community.

**Our Core Offer**  
I support pupils with:

- Worry Management
- Anxiety
- Panic Management
- Low Mood
- Sleep
- Problem Solving
- Exam Stress

If you would like to know more, please speak to Mrs E Mhning or email: [mhstnquiries@combined.nhs.uk](mailto:mhstnquiries@combined.nhs.uk)



Name: Kathryn

Education Mental Health Practitioner



**All about me**  
I am a mum of 2 children and 2 guinea pigs. My favourite colour is blue. I love travelling with friends and family.

**Top Tips for life**  
Failing is not a bad thing it is just a First Attempt In Learning

**Hobbies/Interests**  
I don't get a lot of time for hobbies but when I do get time to myself I enjoy massages, music gigs and spending time with friends.

If you would like to know more, please speak to Mrs E Mhning (School Mental Health Lead) or email: [mhstnquiries@combined.nhs.uk](mailto:mhstnquiries@combined.nhs.uk)

