

# Kingsfield News

Learn Together, Play Together, Succeed, Together



11th March 2022

**Diary Dates For Parents** 

**Standon Bowers** 14th March - 16th March 2022

**Comic Relief - Crazy hair and outfits** 18th March 2022

**EYFS Parent Engagement** 22nd March 2022 at 1:30om (1 adult only)

**PTFA Meeting** 25th March at 2:30pm

**EYFS Easter Bonnet Parade** 7th April at 9:30am (2 adults only)

**Reception Height and Weight** Tuesday 3rd May 2022

**Young Voices** 26th May 2022

> Thank you for your continued co-operation in keeping us Covid safe.



Visit our Twitter page for more pictures of this week's events @KingsfieldSch

Also follow us on Facebook @kingsfieldfirstschool

Please remember that the office email address is now admin@kingsfield.staffs.sch.uk

#### Another Busy Week and an Exciting Week Ahead

Well, Friday comes around very quickly and it's been another busy week. Year 1 enjoyed forest schools (check twitter out for some photos) and everyone will be pleased to know that Mrs Rutter has dried out now!

Next week Year 4 are off to Standon Bowers which is so exciting for them, this is something we are delighted to be able to offer once more to our Year 4 pupils. Again, keep a close eye on twitter for regular updates.

#### **Parent Workshops**

Thank you to those parents that attended this weeks workshops for Y2 SATs and EYFS Literacy.

You can now find the information shared on our school website, follow the link below.

> http://kingsfield.staffs.sch.uk/parentworkshops/

#### Trailblazers

This week we held our first Trailblazers coffee afternoon, thank you to those parents who attended, we hope you found this useful.

The next dates for coffee morning are Thursday 7th April, Thursday 5th May and Thursday 9th June.

#### **Comic Relief**

So this year's Red Nose Day next week, Friday 18th March, and Kingsfield are going crazy!

This year we will be holding a 'crazy outfit' day to raise money for the Comic Relief Charity. This could be a crazy hair style, a crazy outfit or even both!

If your child wishes to participate, all we ask is for a small donation to Comic Relief via our Just Giving page below.

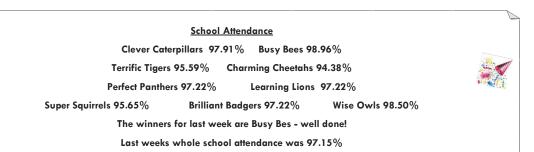
https://www.justgiving.com/fundraising/kingsfield-first6



#### PTFA Meeting

We are holding a PTFA meeting on Friday 25th March at 2:30pm.

Pop in for a coffee and a catch up to discuss plans for any future PTFA events. All parents or carers are welcome and we really do value your support here, so please join us if you can.



Our whole school target is 97.5%

We monitor all children's attendance very closely with the support of our Education Welfare Officer



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A huge **WELL DONE** to the following children who were awarded a golden ticket this week and chose a prize from the golden chest:-

Fearne Harvey, Max Biddulph, Fletcher Harvey, Grace Noakes, Lucas Antrobus, Reuben Hopwood, Isabelle Barber, Sadie Sproson-Lally, Bodhi Russell, Charlie Cartlidge

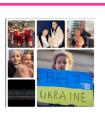
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Our Attendance Officers met this week and would like to offer an optional competition for any pupils to enter a design a postcard. The postcard will be sent to children who have been recognised for good attendance. The winning design will be used for the

printing of the official postcard, so get creative - what would you design to celebrate good attendance?

#### **Children's News**

Miley Atkinson in year 3 and 4 of her friends are doing a 6 hour Danceathon on Sunday 13th March to raise money for Ukraine through Save the Children.



Miley saw the devastating footage of Ukrainian families fleeing their homes and wanted to do something to help, she and her

friends asked to do a fundraiser and in their usual fashion they are doing it big. "Go big or go home" is the general attitude in their dance school.

Any donations can be made via their Just Giving page below.

https://www.justgiving.com/fundraising/aemjmoukraine

Good luck Miley!



As part of our PSHRE curriculum, and with the help of NSPCC resources, we have been talking PANTS!

Talk PANTS helps children understand that their body belongs to them, and they should tell someone they trust if anything makes them feel upset or worried. For more information on how you may continue the conversation at home, please visit the NSPCC website below:

https://www.nspcc.org.uk/keepingchildren-safe/support-for-parents/

#### Nursery Places September 2022

We have places available for our Nursery for September 2022. If your child is 3 by the 31st August they are entitled to a free place in our Nursery for 15 or 30 hours. Please contact the school office for more information on how to apply.

#### Football Club

Football club is still going ahead on Tuesday and Thursdays

All booking and payments are to be done directly with Goal Coaching.

Kingsfield First School After-school Football Clubs - GOAL COACHING

Theme of the week

We can solve problems

**School Meals** 

We are on week 2 of the lunch menu next week.

#### KINGSFIELD AWARDS

#### Star of the week

Little Ladybirds - Molly Ribbans Clever Caterpillars - Henry Goodwin Busy Bees - Jesse Cumberbatch Terrific Tigers - Reuben Hopwood Charming Cheetahs - Thorley Dickerson Perfect Panthers - Niamh Roberts Learning Lions - Lacey Totton Super Squirrels - Joshua Walley Wise Owls - Hayley Meir

Brilliant Badgers - Fletcher Harvey

#### Rainbow Reader

Little Ladybirds - Faith Holland Clever Caterpillars - Phoebe Copeland Busy Bees - Emma Mitchell Terrific Tigers - Jaxon Keay Charming Cheetahs - Oscar Lear Perfect Panthers - Holly Isom Learning Lions - Dougie Ribbans Super Squirrels - Jacob Ridgway Wise Owls - Kadie Fitzpatrick Brilliant Badgers - Ellie Smedley

#### **Phonics Superhero**

Little Ladybirds - Cody Lee Clever Caterpillars - Amya Cameron Busy Bees - Ronnie Rockley Terrific Tigers - Bella Biddulph Charming Cheetahs - Fearne Harvey Perfect Panthers – Kaiden Adey Learning Lions - Lucie Lawton

#### <u>TT Rock Star</u>

Super Squirrels – Mia Glynn Wise Owls - Pippa Clulow Brilliant Badgers - Bobby Massey

House Points		
Mars - 268	Jupiter – 232	
Earth - 252	Saturn - 288	
his weeks win	ners are SATURN	

#### Save The Date

We are pleased to announce that we plan for class assemblies and Parent Engagement Days to go ahead. Parent's are invited to come into school for these events and more information will be sent in detailed letter form the class teachers.

Parent Engagement Days (times TBC)		
22/03/22 ster Bonnet Making	Nursery	
22/03/22 ster Bonnet Making	Reception	
01/07/22 pm	Charming Cheetahs	
01/07/22 pm	Terrific Tigers	
23/06/22	Perfect Panthers	
23/06/22	Learning Lions	
15/06/22	Wise Owls	
15/06/22	Super Squirrels	
06/04/22 pm	Brilliant Badgers	
	Brilliant Badgers	

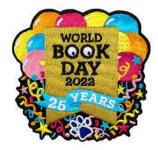
Class Assemblies			
Nursery	07/04/22 9:30 am (Easter Bonnet Parade)	11/07/22 2pm (Graduatio n)	
Reception	07/04/22 9:30 am (Easter Bonnet Parade)		
Charming Cheetahs	13/05/22 2:30 am		
Terrific Tigers	12/05/22 2:30 pm		
Perfect Panthers	29/06/22 2:30 pm		
Learning Lions	29/06/22 9:30 am		
Wise Owls	28/04/22 9.30am		
Super Squirrels	28/04/22 2.30pm		
Brilliant Badgers	14/07/22 2:00 pm (Leavers Assembly)		

### World Book Day

We sent photo's from World Book Day to the Sentinel and the first article will be inside the Sentinel and on sale at your local newsagents/supermarket **TOMORROW - Saturday 12th March!** 

The second picture special will be inside your Sentinel Monday 14th March

(We do advise you to check the Sentinel every day to see when your picture will be featured to ensure you do not miss out!)





# Mindfulness for Children & Families

# Seeing Eye

As a family, spend one or two minutes looking around the room, in silence. The aim is to notice things you have never seen before, this could be a detail on a picture, a chipped plate, a cool pattern on the wall. After the time is up, all share what the most interesting thing you noticed was.



## Mindful Breathing

- Hold out a hand with your fingers apart (like a star).
- Using a finger on your other hand, slowly trace around your fingers.
- As you trace up your finger, take a slow and deep breath in for 4 seconds.
- As you trace back down a finger, slowly breathe out for 4 seconds.
- Repeat for your whole hand.

# Mindful eating

While you are eating a meal together, think about all the small details about your senses. Get each person to say one thing they notice about the food. This could be how it smells, what it tastes like, how does it feel on your tongue, does it remind you of anything, do you feel any emotions? Eating mindfully helps with noticing how your body changes.

## Muscle Relaxation

This activity is great for relaxing the body, especially useful in times of worry or just before bed.

Close your eyes and imagine you are trying to pick up a pencil with your feet, curl your toes and squeeze your feet tightly. Squeeze for 5 seconds before releasing. Notice & name how your feet feel as you squeeze and relax. Next, tense your legs. Pretend you are standing on your tip toes and trying to balance. Squeeze your legs for 5 seconds and release. Again notice the feelings as you go. Moving up to your hands, pretend you are holding an orange in each hand. Squeeze your hands tightly together as if you are trying to get all the juice out of the oranges. Squeeze for 5 seconds then release, noticing the difference in how your arms & hands feel. Pretend that a ladybug has landed on your nose, you want to get it off but can't use your hands. Scrunch up your face & wiggle your nose trying it off. Get scrunching for 5 seconds before it flies away and you can relax.