

<p style="text-align: center;">Games</p> <p>Master basic movements including running, jumping, throwing and catching and begin to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending</p>	<p style="text-align: center;">Gymnastics</p> <p>I can master basic movements which develop balance, agility and coordination and begin to apply these in a range of activities</p>	<p style="text-align: center;">Dance</p> <p>Perform dance using simple movement patterns.</p>	<p style="text-align: center;">Evaluation</p>
Ga1 -I can make decisions about where and when to run.	Gym1- I can explore different pathways and patterns through travel.	D1 -I can copy and explore basic movements and body patterns with clear control.	E1 - I can comment on own and other performance
Ga2 - I can confidently send the ball to others in a range of ways (underarm, chest pass and bounce pass)	Gym2- I can confidently perform different body shapes (core)	D2 -I can vary speed and levels in my dance sequence	E2 - I can give comments on how to improve performance
Ga3 - I am beginning receive a ball in my hands with the correct technique	Gym3- I can perform at different levels and directions	D3 -I can vary the size of my body shape.	E3 - I can use appropriate vocabulary when giving feedback
Ga4 - I am becoming confident with my hand eye coordination.	Gym4- I can perform 2 jumping actions (straight and star jump)	D4 -I can respond imaginatively to stimuli.	
Ga5 - I can begin to apply and combine a variety of skills to a game situation.	Gym5- I can use equipment and explore how to use it in a variety of ways	D5 -I can use space well and negotiate space clearly.	
Ga6 - I can understand the importance of rules and develop simple tactics within a game.	Gym6- I can perform a balance with control	D6-I can add change of direction to a sequence	
	Gym7- I can begin to explore different rolls.	D7 -I can begin to describe a short dance using appropriate vocabulary. (level, speed, direction, unison/ cannon)	
	Gym8- I can link 3-4 movements to create a sequence		

Coverage

Autumn Africa	Spring Wind in the Willows	Summer An Eye on London
Gym1	D1	Ga1
Gym2	D2	Ga2
Gym3	D3	Ga3
Gym4	D4	Ga4
Gym5	D5	Ga5
Gym6	D6	Ga6
Gym7	D7	E1
Gym8	E1	E2
Gym9	E2	E3
E1	E3	
E2		
E3		

Vocabulary

Speed, Compose, Movements, Position, Extend, Travel, Combinations, Demonstrate, Repeat, Create, Stretch, Point, Balance – one foot, Level, Tension, Smooth, Sequence, Control, Pathways, Rolls - teddy bear roll, log roll, egg roll, rock on back, pencil roll, Shapes – straight, pike, star, straddle, top to toe, tuck, dish, arch, I shape Jump – star, straight, tuck, turn, leap, hop, bunny hop, frog jump, – star, straight, turn, Health and fitness – warm up/ cool down	Movement, Control, Speed, Level, Sequence, Unison, Cannon Travel and stillness - gallop, skip, jump, hop, bounce, spring, turn, spin, freeze, statue Direction - forwards, backwards, sideways Space - near, far, in and out, on the spot, own, beginning, middle end Mood and feelings - happy, angry, calm, excited, sad, lonely Body actions Levels high, medium, low Speed - fast, slow Pathways - curved, zigzag Rhythm, Control, Co-ordination, Pattern, Stimulus, Like, dislike, improve Health and fitness – warm up/ cool down	Avoiding, Accuracy, Tracking a ball, Rolling, Striking, Under arm, Overarm throw, Chest pass, Bounce pass, Bouncing, Catching, Free space, Own space, Opposite, Team, Rebound, Follow, Aiming, Speed, Direction, Passing, Controlling, Shooting, Scoring, Participate, Co-ordination, Technique, Combinations, Rules, Tactics, Performance, Like, dislike, improve Health and fitness – warm up/ cool down
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I will learn ...

How to explore different pathways through gym.	How to copy/explore basic movements through dance with control	How to decide where and when to run
How to explore basic patterns through gym	How to copy/explore body patterns with control	How to pass/throw a ball including underarm, overarm and chest pass.
That I can explore different rolls with trial and error.	How to perform a dance sequence using different levels and speed	How to receive a ball with hands and feet, using the correct technique
How to complete different rolls		

<p>That there are different types of jump</p> <p>How to do a star and straight jump</p> <p>That there are different shapes I can make with my body</p> <p>How to use my body to create pike, star, straddle, top to toe, tuck.</p> <p>That I can complete my jumps, travels and core shapes using different levels and directions.</p> <p>How to perform at different levels</p> <p>How to perform in different directions.</p> <p>How to perform a balance with control.</p> <p>How to use the equipment safely and to my ability.</p> <p>How to link 3 to 4 different movements to create a sequence.</p> <p>How to suggest how to improve performances</p> <p>How to use the appropriate vocabulary when giving feedback</p> <p>How to comment on own and others performances</p>	<p>How to vary the size of my body shape</p> <p>How to respond imaginatively to stimuli</p> <p>How to use space well and clearly</p> <p>How to add a change of direction to a sequence</p> <p>How to describe a short dance using vocabulary.</p>	<p>How to use hand-eye co-ordination with increasing confidence.</p> <p>How to apply skills in a games based situation</p> <p>How to participate in small games.</p> <p>That rules are important</p> <p>How to develop tactics</p> <p>How to comment on likes and dislikes</p> <p>How to suggest how to improve performances</p> <p>How to use the appropriate vocabulary when giving feedback</p>
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