

# Kingsfield First School

Menu Week 1  
Week Commencing: 24/09/18

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Main  
Course

Sausage

Roast Pork and Stuffing

Swedish Meatballs served  
with gravy

Chicken Tikka

Breaded Chicken Goujons

Second  
Option

Cheesy Pasta Bake

Cheese Oatcakes

Spaghetti Bolognese

Linda McCartney Sausages  
served with Gravy (V)

Margherita Pizza (V)

Starchy  
Food

Mashed Potatoes, Pasta

Roast Potato, Oatcakes,  
Jacket Potato

Mashed Potatoes,  
Spaghetti, Jacket Potato

Rice & Naan  
Mashed Potato

Chips, Pizza Bread

Vegetables

Beans, Peas

Country Mix Vegetable

Green Beans

Peas and Carrots

Baked Beans, Sweetcorn

Salad Bar

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Deli

Baked Jacket Potato with  
a Selection of Fillings (V)

Baked Jacket Potato with  
a Selection of Fillings (V)

Baked Jacket Potato with  
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Muffins served with  
Custard

Jammy Shortbread  
Biscuits Served with a  
Vanilla Custard

Chocolate Crispie Squares

Iced Sponge served with a  
Vanilla Custard

Flapjack Served with  
Vanilla Custard

Drinks

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

# Kingsfield First School

Menu Week 2  
Week Commencing:: 08/10/2018

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Main  
Course

Sausage and Yorkshire  
Pudding served with Gravy

Meat and Potato Pie  
served with Gravy

Chicken Tikka

Roast Chicken served with  
Gravy

Fish and chips

Second  
Option

Tuna Pasta Bake

Cheese Oatcakes

Vegetarian Meatballs in  
Gravy

Spaghetti Bolognaise

Margherita Pizza (V)

Starchy  
Food

Mashed Potatoes, Pasta,  
Jacket Potato

Potatoes, Jacked Potatoes,  
Oatcakes

Rice, Naan Bread, Mashed  
Potato

New Potatoes, Pasta,  
Garlic Bread

Chips, Pizza Bread

Vegetables

Peas or Baked Beans

Mixed Vegetables, Baked  
Beans

Carrots

Sweetcorn and peas

Mushy Peas,  
Baked Beans

Salad Bar

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Deli

Baked Jacket Potato with  
a Selection of Fillings

Baked Jacket Potato with  
a Selection of Fillings

Baked Jacket Potato with  
a Selection of Fillings

Not available on this day

Not available on this day

Desserts

Chocolate and Cherry  
Muffin with a Vanilla  
Custard

Shortbread Served with  
Custard

Cherry and Apple Crumble  
served with Custard

Iced Sponge  
served with a  
Vanilla Custard

Chocolate Crunch served  
with Peppermint Custard

Drinks

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

# Kingsfield First School

Menu Week 3  
Week Commencing 17/09/2018

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Main  
Course

Meatballs in a Tomato  
Sauce

Cottage Pie

Chicken Tikka

Roast Beef served with  
Gravy

Breaded Chicken Goujons

Second  
Option

Cheese Lattice

Cheese Oatcakes

Linda McCartney Sausages  
served with Gravy

Macaroni Cheese

Margherita Pizza

Starchy  
Food

Pasta & Garlic Bread,  
Mashed Potato  
Jacket Potato

Seasonal Potatoes,  
Oatcake, Jacket Potato

Rice & Naan, Pasta,  
Jacket Potatoes

Roast Potatoes, Potato  
Wedges, Jacket Potato

Chips, Pizza Bread

Vegetables

Baked Beans

Carrots or baked Beans

Sweetcorn and Peas

Selection of Seasonal  
Vegetables

Garden Peas or  
Baked Beans

Salad Bar

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Crudités and a Mixed  
Salad Bowl

Freshly prepared salad,  
vegetables and fresh fruit

Deli

Baked Jacket Potato with  
a Selection of Fillings (V)

Baked Jacket Potato with  
a Selection of Fillings (V)

Baked Jacket Potato with  
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Plain Muffin served with a  
Vanilla Custard

Jammy Shortbread  
Biscuits Served with a  
Vanilla Custard

Flavoured Jelly

Iced Sponge served with a  
Vanilla Custard

Shortcake served with a  
Vanilla Custard

Drinks

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

# Kingsfield First School

Menu Week 4  
Week Commencing: 15/10/2018

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Main  
Course

Sausage

Chicken and Vegetable Pie

Chicken Tikka

Roast Pork and stuffing  
served with Gravy

Fishcakes

Second  
Option

Cheesy Pasta Bake

Cheese Oatcakes

Linda McCartney Sausages  
served with Gravy (V)

Tomato pasta served with  
Garlic Bread (V)

Margherita Pizza (V)

Starchy  
Food

Mashed Potatoes, Pasta,  
Jacket Potato

Roast Potato, Oatcakes,  
Jacket Potato

Rice & Naan  
Mashed Potato,  
Jacket Potato

Mashed Potatoes, Pasta &  
Garlic Bread

Chips, Pizza Bread

Vegetables

Beans

Country Mix Vegetables

Green Beans

Peas and Carrots

Baked Beans, Sweetcorn

Salad Bar

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Deli

Baked Jacket Potato with  
a Selection of Fillings (V)

Baked Jacket Potato with  
a Selection of Fillings (V)

Baked Jacket Potato with  
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Carrot Cake

Cherry and Apple Crumble  
served with Custard

Chocolate Orange Cookie

Iced Sponge served with a  
Vanilla Custard

Flapjack Served with  
Vanilla Custard

Drinks

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

# Kingsfield First School

Menu Week 5  
Week Commencing:: 22/10/2018

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Main  
Course

Sausage and Yorkshire  
Pudding served with Gravy

Meat and Potato Pie  
served with Gravy

Chicken Tikka

Roast Chicken served with  
Gravy

Breaded Chicken Goujons

Second  
Option

Tuna Pasta Bake

Cheese Oatcakes

Vegetarian Meatballs in  
Gravy

Spaghetti Bolognaise

Margherita Pizza (V)

Starchy  
Food

Mashed Potatoes, Garlic  
Bread, Jacket Potato

Potatoes, Oatcake, Jacket  
Potatoes

Rice, Naan Bread, Mashed  
Potato

New Potatoes, Pasta,  
Garlic Bread

Chips, Pizza Bread

Vegetables

Peas

Mixed Vegetables, Baked  
Beans

Carrots

Sweetcorn and peas

Mushy Peas,  
Baked Beans

Salad Bar

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Freshly prepared salad,  
vegetables and fresh fruit

Deli

Baked Jacket Potato with  
a Selection of Fillings

Baked Jacket Potato with  
a Selection of Fillings

Baked Jacket Potato with  
a Selection of Fillings

Not available on this day

Not available on this day

Desserts

Plain Muffin served with a  
Vanilla Custard

Chocolate Crispie Squares

Pineapple Upside Down  
Served with a Custard

Iced Sponge  
served with a  
Vanilla Custard

Chocolate Crunch served  
with Peppermint Custard

Drinks

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk

Water, Squash or  
Semi-Skimmed Milk