## **Outdoor Education Menu**

Inspiring Futures



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Hash Brown, Baked Beans and Scrambled Eggs (v)	Bacon, Scrambled Eggs and Potato Waffles	Spaghetti Hoops, Omelette and Staffordshire Sausage	Hash Brown, Bacon and Plum Tomatoes	Scrambled Egg, Staffordshire Sausage and Baked Beans
	Also available - Cereals, Tea Cakes, Scotch Pancakes Toast and Crumpets with Butter, Marmalade & Jam. Tea, Pure Fruit Juice, Milk, Yoghurt and Fresh Fruit				
Lunch	Selection of Sandv	viches or Baps, Crisps,	Piece of Fruit, Biscuit	or Homemade Tray Ba	ke and a Cold Drink
Dinner	Pork Sausage with Mashed Potato, Gravy and a Yorkie	Pasta King with a choice of Toppings	Chicken Pie with Roast Potatoes and Gravy	Fish Fingers with Potato Wedges	
	Quorn Sausage with Mash Potato and Gravy (v)	Vegetable Bolognaise & Garlic Bread (v)	Quorn Fillet Roast with Roast Potatoes and Gravy (v)	Cheese and Tomato Pizza (v)	
	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	
Vegetables	Carrots, Peas & Mixed Salad	Peas, Sweetcorn & Mixed Salad	Carrots, Broccoli & Mixed Salad	House Slaw, Sweetcorn & Mixed Salad	
Dessert	Chocolate Crunch with Fresh Custard	Pineapple Upside Down Cake	Apple Crumble with Fresh Custard	Warm Jam Sponge	
		an alternative to the dessert			
Extras	Hot Chocolate and Biscuits (V) Vegetarian				