Menu Week 1 Week Commencing: 11.03.19



		MONDAY	TUESDAY
	Main Course	Hot Dogs	Cottage Pie
	Second Option	Tomato Pasta	Cheese Oatcakes
	Starchy Food	Pasta, Bread  Jacket Potatoes	Mashed Potato, Oatcakes, Jacket Potato
	Vegetables 	Beans	Country Mix Vegetable
	Salad Bar	Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit
	Deli	Baked Jacket Potato with a Selection of Fillings (V)	Baked Jacket Potato with a Selection of Fillings (V)
	Desserts	Chocolate Muffin and Vanilla Custard	Apple and Cherry Crumble and Custard
	Drinks	Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk

WEDNESD
Chicken Tikka
Linda McCartney Sausc served with Gravy (V
Rice, Naan Bread, Potatoes
Green Beans
Freshly prepared sala vegetables and fresh f
Baked Jacket Potato w a Selection of Fillings
Chocolate Crispie Squa
Water, Squash or

VEDNESDAY	THURSDAY	
Chicken Tikka	Roast Pork and Yorkshire Pudding	
inda McCartney Sausages served with Gravy (V)	Cheese Pie	
Rice, Naan Bread, Potatoes	Roasted Potatoes, Mashed Potato	
Green Beans	Baked Beans, Peas	
Freshly prepared salad, regetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit	
Baked Jacket Potato with a Selection of Fillings (V)	Not available on this day	
Chocolate Crispie Squares	Iced Sponge Cake and  Vanilla Custard	
Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk	

# **FRIDAY** Breaded Chicken Goujons Margherita Pizza (V) Chips, Pizza Bread Baked Beans or Sweetcorn Freshly prepared salad, vegetables and fresh fruit Not available on this day Flapjack Served with Vanilla Custard Water, Squash or

Semi-Skimmed Milk

## **Kingsfield First School**

Menu Week 2 Week Commencing: 18.03.19

#### MONDAY Main Sausage and Yorkshire Pudding served with Gravy Course Second Bacon Cheese and leek Pasta Bake **Option** Starchy Mashed Potatoes, Pasta, Jacket Potato Food Vegetables Peas and Sweetcorn Freshly prepared salad, Salad Bar vegetables and fresh fruit Baked Jacket Potato with Deli a Selection of Fillings Muffin with a Vanilla Desserts Custard

Water, Squash or

Semi-Skimmed Milk

**Drinks** 

TUESDAY
Meat and Potato Pie served with Gravy
Cheese Oatcakes
Potatoes, Jacked Potatoes, Oatcakes
Mixed Vegetables, Baked Beans
Freshly prepared salad, vegetables and fresh fruit
Baked Jacket Potato with a Selection of Fillings
Shortbread Served with  Custard
Water, Squash or

Semi-Skimmed Milk

WEDNESDAY
Chicken Tikka
Vegetarian Meatballs in Gravy
Rice, Naan Bread, Potatoes
Green Beans
Freshly prepared salad, vegetables and fresh fruit
Baked Jacket Potato with a Selection of Fillings
Chocolate Orange Cookies
Water, Squash or Semi-Skimmed Milk

THURSDAY	FRIDAY
Roast Chicken served with Gravy	Fishcake
Spaghetti Bolognaise	Margherita Pizza (V)
New Potatoes, Pasta,  Garlic Bread	Chips, Pizza Bread
Carrots	Mushy Peas, Baked Beans
Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad, vegetables and fresh fruit
Not available on this day	Not available on this day
Iced Sponge served with  Vanilla Custard	Chocolate Crunch served with Peppermint Custard
Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk



Menu Week 3

## Week Commencing: 25.03.2019

	MONDAY
Main Course	Sausage and Yorkshire Pudding
Second Option	Macaroni and Cheese
Starchy Food	Mashed potato, Pasta
Vegetables	Broccoli
Salad Bar	Freshly prepared salad, vegetables and fresh fruit
Deli	Baked Jacket Potato with a Selection of Fillings (V)
Desserts	Carrot Cake served with  Custard
Drinks	Water, Squash or Semi-Skimmed Milk

MONIDAY

TUESDAY
Meatballs in a Tomato Sauce
Cheese Oatcakes
Oatcake, Jacket Potato
Carrots or baked Beans
Freshly prepared salad, vegetables and fresh fruit
Baked Jacket Potato with a Selection of Fillings (V)
Jammy Shortbread
Biscuits Served with a
Vanilla Custard
Water, Squash or Semi-Skimmed Milk

WEDNESDAY
Chicken Tikka
Linda McCartney Sausages served with Gravy (V)
Rice & Naan
Potatoes
Sweetcorn and Peas
Freshly prepared salad, vegetables and fresh fruit
Baked Jacket Potato with a Selection of Fillings (V)
Cookies
Water, Squash or
Semi-Skimmed Milk

THURSDAY	FRIDAY
Roast Pork served with Gravy	Breaded Chicken Breas
Cheese Pie	Pasta served with a Tomato Sauce
Pastry, Pasta	Chips
Baked Beans	Garden Peas or Baked Beans
Freshly prepared salad, vegetables and fresh fruit	Freshly prepared salad vegetables and fresh fro
Not available on this day	Not available on this do
Iced Sponge Served with a Vanilla Custard	Chocolate Shortcake served with a Vanilla Custard
Water, Squash or Semi-Skimmed Milk	Water, Squash or Semi-Skimmed Milk

# RIDAY ded Chicken Breast sta served with a Tomato Sauce Chips Garden Peas or **Baked Beans** nly prepared salad, bles and fresh fruit vailable on this day colate Shortcake ved with a Vanilla Custard

## Kingsfield First School

Menu Week 3

Week Commencing: 01.04.19

### MONDAY Main Meatballs in Gravy Course Second Tuna Pasta Bake Option Mashed Potato, Pasta, Starchy Garlic Bread, Jacket Food Potatoes Vegetables Peas Freshly prepared salad, Salad Bar vegetables and fresh fruit Baked Jacket Potato with Deli a Selection of Fillings (V) Plain Muffin served with a Desserts Vanilla Custard Water, Squash or Drinks Semi-Skimmed Milk

TUESDAY
Chicken and Vegetable Pie served with Gravy
Cheese Oatcakes
Seasonal Potatoes, Oatcake, Jacket Potato
Carrots or baked Beans
Freshly prepared salad, vegetables and fresh fruit
Baked Jacket Potato with a Selection of Fillings (V)
Jammy Shortbread
Biscuits Served with a
Vanilla Custard
Water, Squash or Semi-Skimmed Milk

WEDNESDAY
Chicken Tikka
Vegetarian Meatballs in Gravy
Rice, Naan Bread, Mashed Potato
Sweetcorn and peas
Freshly prepared salad, vegetables and fresh fruit
Baked Jacket Potato with a Selection of Fillings (V)
Jam Tart Served with a vanilla custard
Water, Squash or

Semi-Skimmed Milk

THURSDAY
Roast Beef served with  Gravy
Spaghetti Bolognaise
New Potatoes, Pasta,
Garlic Bread
Carrots
Freshly prepared salad, vegetables and fresh fruit
Not available on this day
Iced Sponge served with a
Vanilla Custard
Water, Squash or
Semi-Skimmed Milk

# FRIDAY Fish and Chips Margherita Pizza (V) Chips, Pizza bread Mushy Peas, Baked Beans Freshly prepared salad, vegetables and fresh fruit Not available on this day Chocolate Crunch served with Peppermint Custard Water, Squash or

Semi-Skimmed Milk