

Kingsfield First School

Menu Week 1
Week Commencing: 25/06/2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Roast Chicken

Cottage Pie

Swedish Style Meatballs
In Gravy

Chicken Korma

Breaded Chicken Goujons

Second Option

Chilli and Rice

Baked Jacket Potato with
a Selection of Fillings (V)

Macaroni Cheese

Linda McCartney
Sausages served
with Gravy (V)

Margherita Pizza (V)

Starchy Food

Herby Potatoes, Rice

Seasonal Potatoes,
Baked Potato

Pasta, Garlic Bread, New
Potatoes

Rice & Naan
Mashed Potato

Chips, Pizza Bread

Vegetables

Peas and Sweetcorn

Cabbage

Peas and Carrots

Green Beans

Baked Beans, Sweetcorn

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

A Selection of freshly
prepared sandwiches

A Selection of freshly
prepared sandwiches

A Selection of freshly
prepared sandwiches

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Desserts

Banana Mousse

Cheesecake

Flavoured Jelly

Muffin
served with a
Vanilla Custard

Cookies Served with
Vanilla Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

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Semi-Skimmed Milk

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Semi-Skimmed Milk

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Semi-Skimmed Milk

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Semi-Skimmed Milk

MONDAY

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Main Course

Sausage and Yorkshire served with Gravy Pudding

Meat and Potato Pie served with Gravy

Roast Chicken served with Gravy

Chicken Korma

Traditional English Fish and chips

Second Option

Cheese Oatcakes (V)

Baked Jacket Potato with a Selection of Fillings (V)

Spaghetti Bolognese

Linda McCartney Sausages served with Gravy (V)

Margherita Pizza (V)

Starchy Food

Mashed Potatoes, Oatcake, Baked Potato

Potatoes, Jacked Potatoes

New Potatoes, Pasta, Garlic Bread

Rice, Naan Bread, Mashed and Baked Potatoes

Chips, Pizza Bread

Vegetables

Peas or Baked Beans

Broccoli, Mixed Vegetables

Sweetcorn and Peas

Carrots

Mush Peas, Baked Beans

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

A Selection of freshly prepared sandwiches

A Selection of freshly prepared sandwiches

A Selection of freshly prepared sandwiches

Baked Jacket Potato with a Selection of Fillings (V)

Not available on this day

Desserts

Strawberry Mousse

Chocolate Crispie Squares

Vanilla Cheesecake

Iced Sponge served with a Vanilla Custard

Jam Tart served with a Vanilla Custard

Drinks

Water, Squash or Semi-Skimmed Milk

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Water, Squash or Semi-Skimmed Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Meatballs in a Tomato Sauce

Chicken and Vegetable Pie served with Gravy

Roast Beef served with Gravy

Chicken Korma

Breaded Chicken Goujons

Second Option

Cheese Oatcakes

Baked Jacket Potato with a Selection of Fillings (V)

Chicken Arrabiata served with Pasta

Lasagne

Margherita Pizza (V)

Starchy Food

Pasta & Garlic Bread, Oatcake

Seasonal Potatoes, Baked Potato

Roast Potatoes, Pasta & Garlic Bread,

Rice & Naan Pasta, and Jacket Potato

Chips, Pizza Bread

Vegetables

Baked Beans

Broccoli or Baked Beans

Selection of Seasonal Vegetables

Sweetcorn and Peas

Garden Peas or Baked Beans

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Crudités and a Mixed Salad Bowl

Freshly prepared salad, vegetables and fresh fruit

Deli

A Selection of freshly prepared sandwiches

A Selection of freshly prepared sandwiches

A Selection of freshly prepared sandwiches

A Selection of freshly prepared sandwiches

Not available on this day

Desserts

Chocolate Mousse

Jammy Shortbread Biscuits

Flavoured Jelly

Iced Sponge served with a Vanilla Custard

Chocolate Crunch served with a Peppermint Sauce

Drinks

Water, Squash or Semi-Skimmed Milk

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Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk