

Kingsfield First School

Menu Week 1
Week Commencing: 07/01/19

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Hot Dogs

Cottage Pie

Chicken Tikka

Roast Beef and Yorkshire
Pudding

Breaded Chicken Goujons

Second Option

Tomato Pasta

Cheese Oatcakes

Linda McCartney Sausages
served with Gravy (V)

Cheese Pie

Margherita Pizza (V)

Starchy Food

Jacket Potatoes, Pasta,
Bread

Mashed Potato, Oatcakes,
Jacket Potato

Rice, Naan Bread,
Potatoes

Roasted Potatoes, Mashed
Potato

Chips, Pizza Bread

Vegetables

Beans

Country Mix Vegetable

Green Beans

Baked Beans, Sweetcorn

Baked Beans or Sweetcorn

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Chocolate Muffin and
Vanilla Custard

Apple and Cherry Crumble
and Custard

Chocolate Crispie Squares

Iced Sponge Cake and
Vanilla Custard

Flapjack Served with
Vanilla Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Kingsfield First School

Menu Week 2
Week Commencing: 14/01/19

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Sausage and Yorkshire Pudding served with Gravy

Meat and Potato Pie served with Gravy

Chicken Tikka

Roast Chicken served with Gravy

Fish and chips

Second Option

Bacon Cheese and leek Pasta Bake

Cheese Oatcakes

Vegetarian Meatballs in Gravy

Spaghetti Bolognese

Margherita Pizza (V)

Starchy Food

Mashed Potatoes, Pasta, Jacket Potato

Potatoes, Jacked Potatoes, Oatcakes

Rice, Naan Bread, Potatoes

New Potatoes, Pasta, Garlic Bread

Chips, Pizza Bread

Vegetables

Peas and Sweetcorn

Mixed Vegetables, Baked Beans

Broccoli

Carrots

Mushy Peas, Baked Beans

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings

Baked Jacket Potato with a Selection of Fillings

Baked Jacket Potato with a Selection of Fillings

Not available on this day

Not available on this day

Desserts

Muffin with a Vanilla Custard

Shortbread Served with Custard

Carrot Cake

Chocolate Orange Cookies

Chocolate Crunch served with Peppermint Custard

Drinks

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Kingsfield First School

Menu Week 3
Week Commencing: 21/01/2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Meatballs in a Tomato
Sauce

Chicken and Vegetable Pie

Chicken Tikka

Roast Pork served with
Gravy

Breaded Chicken Breast

Second
Option

Cheese Lattice

Cheese Oatcakes

Linda McCartney Sausages
served with Gravy (V)

Cheese Pie

Margherita Pizza

Starchy
Food

Pasta & Garlic Bread,
Potatoes

Seasonal Potatoes,
Oatcake, Jacket Potato

Rice & Naan
Potatoes

Pastry, Pasta

Chips, Pizza Bread

Vegetables

Baked Beans

Carrots or baked Beans

Sweetcorn and Peas

Baked Beans

Garden Peas or
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Carrot Cake served with a
Vanilla Custard

Jammy Shortbread
Biscuits Served with a
Vanilla Custard

Cookies

Iced Sponge Served with a
Vanilla Custard

Chocolate Shortcake
served with a Vanilla
Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Sausage and Yorkshire
Pudding

Chicken and Vegetable Pie
served with Gravy

Chicken Tikka

Roast Beef served with
Gravy

Fishcakes

Second
Option

Tuna Pasta Bake

Cheese Oatcakes

Vegetarian Meatballs in
Gravy

Spaghetti Bolognaise

Margherita Pizza (V)

Starchy
Food

Mashed Potato, Pasta,
Garlic Bread, Jacket
Potatoes

Seasonal Potatoes,
Oatcake, Jacket Potato

Rice, Naan Bread, Mashed
Potato

New Potatoes, Pasta,
Garlic Bread

Chips, Pizza bread

Vegetables

Peas

Carrots or baked Beans

Sweetcorn and peas

Carrots

Mushy Peas,
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Plain Muffin served with a
Vanilla Custard

Jammy Shortbread
Biscuits Served with a
Vanilla Custard

Jam Tart Served with a
vanilla custard

Iced Sponge served with a
Vanilla Custard

Chocolate Crunch served
with Peppermint Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk