

Knypersley dairy Free

Menu Week 1
Week Commencing: 02/12/19

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Meatballs in Gravy

Chicken Pie

Chicken Tikka

Tomato pasta

Breaded Chicken Goujons

Second Option

Linda McCartney Sausages served with Gravy (V)

Starchy Food

Jacket Potato

Pastry,
Jacket Potato

Rice & Naan
Mashed Potato

Pasta, Pastry

Chips

Vegetables

Carrots and Peas

Sweetcorn

Green Beans

Peas and Carrots

Baked Beans, Sweetcorn

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Drinks

Water, Squash

Water,

Water, Squash

Water, Squash

Water, Squash

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Menu Week 2
Week Commencing:: 09/12/2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Sausage served with Gravy

Meat and Potato Pie served with Gravy

Tomato Pasta

VOTING DAY

Christmas Dinner
Roast Turkey with Pigs in Blankets

Second Option

Vegetarian Chilli and Rice

Starchy Food

Mashed Potatoes, Pasta, Jacket Potato

Potatoes, Oatcake, Jacket Potatoes

Pasta

Roast and Mashed Potatoes

Vegetables

Peas

Mixed Vegetables, Baked Beans

Sweetcorn

Carrots, Peas, Sprouts and Gravy

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings

Baked Jacket Potato with a Selection of Fillings

Baked Jacket Potato with a Selection of Fillings

Not available on this day

Desserts

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Drinks

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

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Menu Week 3
Week Commencing 16/12/2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Meatballs in a Tomato Sauce

Cottage Pie

Chicken Tikka

Festive Packed Lunches

Breaded Chicken Goujons

Second Option

Linda McCartney Sausages served with Gravy (V)

Starchy Food

Pasta
Mashed Potato
Jacket Potato

Seasonal Potatoes,
Oatcake, Jacket Potato

Rice & Naan, Pasta,
Jacket Potatoes

Chips

Vegetables

Baked Beans

Carrots or baked Beans

Sweetcorn

Garden Peas or
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Desserts

Plain Muffin served with a
Vanilla Custard

Jammy Shortbread
Biscuits Served with a
Vanilla Custard

Chocolate Cookies

Shortcake served with a
Vanilla Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk