

# Kingsfield First School

Menu Week 1  
Week Commencing: 02/12/19

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Main Course

Meatballs in Gravy

Chicken Pie

Chicken Tikka

Spaghetti Bolognaise served with Garlic Bread (V)

Christmas Dinner  
Roast Turkey with Pigs in Blankets

Second Option

Macaroni Cheese

Oatcake

Linda McCartney Sausages served with Gravy (V)

Margherita Pizza (V)

Quorn Roast

Starchy Food

Mashed Potatoes, Pasta

Rice, Jacket Potato

Rice & Naan Mashed Potato

Roast Potatoes, Pasta & Garlic Bread

Roast and Mashed Potatoes

Vegetables

Carrots and Peas

Sweetcorn

Green Beans

Beans

Carrots, Peas, Sprouts and Gravy

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Cookies

Rice Crispie cakes

Shortbread served with a Vanilla Custard

Muffins

Iced Christmas Sponge and Custard

Drinks

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

# Kingsfield First School

Menu Week 2  
Week Commencing:: 09/12/2019

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Main Course

Sausage and Yorkshire Pudding served with Gravy

Meat and Potato Pie served with Gravy

Tomato Pasta

VOTING DAY

Fish and chips

Second Option

Vegetarian Chilli and Rice

Cheese Oatcakes (V)

Sausage Rolls

Margherita Pizza (V)

Starchy Food

Mashed Potatoes, Pasta, Jacket Potato

Potatoes, Oatcake, Jacket Potatoes

Pastry, Pasta

Chips, Pizza Bread

Vegetables

Peas

Mixed Vegetables, Baked Beans

Sweetcorn

Mushy Peas, Baked Beans

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings

Baked Jacket Potato with a Selection of Fillings

Not available on this day

Not available on this day

Desserts

Plain Muffin served with a Vanilla Custard

Cookies

Shortbread

Doughnut

Drinks

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

# Kingsfield First School

Menu Week 3  
Week Commencing 16/12/2019

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Main Course

Meatballs in a Tomato Sauce

Cottage Pie

Chicken Tikka

Roast Chicken served with Gravy

Breaded Chicken Goujons

Second Option

Linda McCartney Sausages served with Gravy (V)

Cheese Oatcakes

Lasagne

Pasta with a Tomato Sauce with Garlic Bread

Margherita Pizza (V)

Starchy Food

Pasta & Garlic Bread, Mashed Potato Jacket Potato

Seasonal Potatoes, Oatcake, Jacket Potato

Rice & Naan, Pasta, Jacket Potatoes

Roast Potatoes, Pasta

Chips, Pizza Bread

Vegetables

Baked Beans

Carrots or baked Beans

Sweetcorn

Selection of Seasonal Vegetables

Garden Peas or Baked Beans

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Crudités and a Mixed Salad Bowl

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Plain Muffin served with a Vanilla Custard

Jammy Shortbread Biscuits Served with a Vanilla Custard

Chocolate Cookies

Iced Sponge served with a Vanilla Custard

Shortcake served with a Vanilla Custard

Drinks

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk