

Kingsfield First School

Menu Week 1
Week Commencing: 03/12/18

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Hot Dogs

Cottage Pie

Chicken Tikka

Roast Beef and Yorkshire
Pudding

Breaded Chicken Goujons

Second Option

Cheesy Pasta Bake

Cheese Oatcakes

Linda McCartney Sausages
served with Gravy (V)

Cheese Pie

Margherita Pizza (V)

Starchy Food

Bread, Pasta, Jacket
Potato

Roast Potato, Oatcakes,
Jacket Potato

Rice, Naan Bread,
Potatoes

Roasted Potatoes, Mashed
Potato

Chips, Pizza Bread

Vegetables

Beans, Peas

Country Mix Vegetable,
Baked Beans

Green Beans

Baked Beans, Sweetcorn

Baked Beans or
Sweetcorn

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Plain Muffin and Vanilla
Custard

Apple and Cherry Crumble
and Custard

Chocolate Crispie Squares

Iced Sponge Cake and
Vanilla Custard

Flapjack Served with
Vanilla Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Kingsfield First School

Menu Week 2
Week Commencing:: 10/12/2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Sausage and Yorkshire
Pudding served with Gravy

Meat and Potato Pie
served with Gravy

Chicken Tikka

Roast Chicken served with
Gravy

Fish and chips

Second
Option

Bacon Cheese and leek
Pasta Bake

Cheese Oatcakes

Vegetarian Meatballs in
Gravy

Lasagne

Margherita Pizza (V)

Starchy
Food

Mashed Potatoes, Pasta,
Jacket Potato

Potatoes, Jacked Potatoes,
Oatcakes

Rice, Naan Bread,
Potatoes

New Potatoes, Pasta,
Garlic Bread

Chips, Pizza Bread

Vegetables

Peas and Sweetcorn

Mixed Vegetables, Baked
Beans

Green Beans

Carrots

Mushy Peas,
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings

Baked Jacket Potato with
a Selection of Fillings

Baked Jacket Potato with
a Selection of Fillings

Not available on this day

Not available on this day

Desserts

Muffin with a Vanilla
Custard

Shortbread Served with
Custard

Carrot Cake

Chocolate Orange Cookies

Chocolate Crunch served
with Peppermint Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Kingsfield First School

Menu Week 3
Week Commencing 17/12/2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Meatballs in a Tomato
Sauce

Christmas Lunch
Roast Turkey with Pigs in
Blankets

Chicken Tikka

Roast Pork served with
Gravy

Breaded Chicken Goujons

Second
Option

Cheese Lattice

Vegetable Crumble

Linda McCartney Sausages
served with Gravy

Macaroni Cheese

Margherita Pizza

Starchy
Food

Pasta & Garlic Bread,
Potatoes

Roast and Mashed
Potatoes

Rice & Naan,
Potatoes

Roast Potatoes, Pasta,

Chips, Pizza Bread

Vegetables

Baked Beans

Carrots, Sprouts and Peas

Sweetcorn and Peas

Selection of Seasonal
Vegetables

Garden Peas or
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Crudités and a Mixed
Salad Bowl

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Not available this day

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Cherry and Chocolate
Muffin served with a
Vanilla Custard

Iced Sponge or Shortbread
Biscuit with Custard

Cookies

Jam and Coconut Sponge
served with a

Shortcake served with a
Vanilla Custard

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk