

Knypersley Dairy Free

Menu Week 1
Week Commencing: 03/12/18

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Hot Dogs

Cottage Pie

Christmas Lunch

Roast Turkey with Pigs in Blankets

Chicken Tikka

Breaded Chicken Goujons

Second Option

Starchy Food

Bread, Pasta, Jacket Potato

Roast Potato, Jacket Potato

Roast and Mashed Potatoes

Rice & Naan

Chips

Vegetables

Beans, Peas

Country Mix Vegetable

Carrots, Sprouts and Peas

Baked Beans, Sweetcorn

Mushy Peas, Baked Beans

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Baked Jacket Potato with a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Drinks

Water, Squash or Semi-Skimmed Milk

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Water, Squash or Semi-Skimmed Milk

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Menu Week 2
Week Commencing:: 10/12/2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Course

Sausage and Yorkshire Pudding served with Gravy

Meat and Potato Pie served with Gravy

Chicken Tikka

Roast Chicken served with Gravy

Fish and chips

Second Option

Cheese

Vegetarian Meatballs in Gravy

New Potatoes

Chips

Starchy Food

Mashed Potatoes, Pasta, Jacket Potato

Potatoes, Jacked Potatoes

Rice, Naan Bread, Potatoes

Vegetables

Peas and Sweetcorn

Mixed Vegetables, Baked Beans

Broccoli

Carrots

Mushy Peas, Baked Beans

Salad Bar

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Freshly prepared salad, vegetables and fresh fruit

Deli

Baked Jacket Potato with a Selection of Fillings

Baked Jacket Potato with a Selection of Fillings

Baked Jacket Potato with a Selection of Fillings

Not available on this day

Not available on this day

Desserts

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Drinks

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

Water, Squash or Semi-Skimmed Milk

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Menu Week 3
Week Commencing 17/12/2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main
Course

Meatballs in a Tomato
Sauce

Christmas Lunch
Roast Turkey with Pigs in
Blankets

Chicken Tikka

Roast Pork served with
Gravy

Breaded Chicken Goujons

Second
Option

Linda McCartney Sausages
served with Gravy

Starchy
Food

Pasta, Potatoes

Seasonal Potatoes,
Jacket Potato

Rice & Naan,
Potatoes

Roast Potatoes, Pasta,

Chips, Pizza Bread

Vegetables

Baked Beans

Carrots or baked Beans

Sweetcorn and Peas

Selection of Seasonal
Vegetables

Garden Peas or
Baked Beans

Salad Bar

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Freshly prepared salad,
vegetables and fresh fruit

Crudités and a Mixed
Salad Bowl

Freshly prepared salad,
vegetables and fresh fruit

Deli

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Baked Jacket Potato with
a Selection of Fillings (V)

Not available on this day

Not available on this day

Desserts

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Dessert of the Day

Drinks

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk

Water, Squash or
Semi-Skimmed Milk